The PIG Pen

January 2021



QUICKVIEW:

SOPT Advocacy Campaign

Get involved with this year's advocacy campaign: <u>Unite for Kids Mental Health</u>

Membership & Mentorship

Don't miss out on the <u>AAP Mentorship</u> <u>Program!</u>

News and Views Blog!

Interested in submitting an article? Check out the call for articles here.

IMPORTANT DATES:

February 1, 2021 – Have a resolution idea? Reach out to your district representatives by this date to have it considered for the 2021 Annual Leadership Forum.

April 11 - 13, 2021 – AAP Advocacy Conference (virtual) - formerly named the Legislative Conference.

October 8-12, 2021 - National Conference & Exhibition (NCE) in Philadelphia, PA. More to come soon. Medical student members can register for FREE!





Dear Pediatric Interest Group (PIG) Member,

Below is the January 2021 edition of the American Academy of Pediatrics (AAP) Medical Student Committee (MSC) publication, *The PIG Pen*, which highlights exciting AAP opportunities and resources for PIG members and medical students.

Are you currently an AAP Member? If not, please join here! This will allow you to access many of the exciting resources and opportunities below.

*Check out the <u>PIG Resource Guide</u>, which has many great resources and ideas for PIG leaders and members!

*Please complete the trainee wellness survey!

We'd love to hear more about the wellness initiatives/curricula at your institution/program via <u>this survey!</u>
More information on Page 3.

*Save the Date: Next SOPT Movie Club -- Disclosure

Thursday, January 28, 2021 at 7:00pm CT More information below. Register here.

*Virtual interview resources

New resources for the virtual interview process are available, including **interviewing tips and advice for DO students!** See below for more details.

*We encourage you to join a workgroup!

You can learn more about the workgroups here. Please reach out to your district representatives or Julie Raymond if you are interested.

Please let us know if you have any questions. We look forward to connecting with you!

For the kids,

Kylie Seeley, MS4

Executive Coordinator of Learning & Growth Editor, The PIG Pen

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Hannah Glanz, OMS4

Executive Coordinator of Medical Student Initiatives

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SOPT News and Views Blog

Write for this pediatric trainee publication!
Accepting articles on a rolling basis. Check
out the call for articles here for
submission details.

Get published in the **Expert Feature.** The **SOPT News & Views Blog** will be publishing articles that will feature interviews, conducted by Pediatric Trainees (you!).

- Step 1. Reach out to a Pediatrics expert in your area.
- Step 2. Schedule and conduct an interview. We have sample questions for you too!
- Step 3. Submit & get published. Check out the SOPT News & Views Blog for submission guidelines!

Please email <u>Chloe Opper</u> for questions or submissions.

GET CONNECTED:



facebook.com/AAPSOPT



twitter.com/AAPSOPT

Join your <u>District Facebook Group!</u>
Links to each District Facebook Group
located under District Workrooms

Check out the <u>District Workrooms</u> for district newsletters, call minutes, etc!

Advocacy

This year's advocacy campaign: Unite for Kids Mental Health!



SOPT Advocacy Newsletter - December 2020

Here is our first <u>advocacy newsletter</u> for this year, outlining some ways you can get involved with the AAP and advocate for kids. You will find information about this year's advocacy campaign, as well as, hear from trainees who have carried out strong advocacy projects in the past.

Unite for Kids Mental Health Town Hall Tuesday, January 19, 2021 at 7:00pm CT

We are excited to announce that we will be having a Town Hall for the Unite for Kids Mental Health Advocacy Campaign! During this event, we will be discussing upcoming events for the current quarter, devoted to school and community based mental health and ways that you can get involved with the campaign. Register here. Please feel free to reach out to us if you have any questions!

- Share your activity ideas for this year's advocacy campaign
- Follow SOPT on Twitter <u>@AAPSOPT</u> and stay connected #SOPTUnite4MH
- Join our Unite for Kids Mental Health text message platform by texting Unite4kidsMH to 41411
- See what <u>your state</u> is doing to promote kids' mental health

Contact our advocacy campaign at uniteforkidsmentalhealth@gmail.com with any advocacy campaign questions!

Stay informed! Check out AAP's Advocacy Center Resources.

Follow on Twitter and Facebook

Residency Resources

Resources available for fourth year medical students!

- The Section on Osteopathic Pediatricians hosted a <u>webinar</u> giving advice for DO medical students applying into pediatrics!
- We hosted a webinar about virtual interviewing tips and tricks with Dr. Elizabeth Murray, and you can find the recorded webinar here.
- The <u>@FuturePedsRes</u> twitter account has teamed up with APPD and COMSEP to create a fantastic webinar series about this year's application cycle. Follow them on Twitter for more information!
- Stay connected by using <u>#PedsMatch21</u>!

CONTACT US:

Child Health Workgroup:

Shawnese Gilpin, MD

Member Value Workgroup:

Amelia Mackarey, MD

Internal Process Workgroup:

Lauren Nelson, MD

Learning & Growth Workgroup:

Kylie Seeley

Equity, Diversity, & Inclusion Workgroup:

Tatiana Ndjatou, MD

Communications Workgroup:

Chloe Opper, MD

PIG Pen:

Kylie Seeley

Medical Student Initiatives:

Hannah Glanz

You can find more information about each workgroup here.

<u>Contact your district representative</u> if you'd like to join a workgroup!

PIG RESOURCES

AAP Medical Student New Member
Application

SOPT Collaborate Website

What's New for Medical Students

Leadership in Pediatrics

PIG Resource Guide

Membership & Mentorship

AAP Mentorship Program – <u>Applying for</u> Residency!

This year will definitely be a unique year for applying and interviewing for residency. We'd love to hear from you about your questions, concerns,



challenges and even successes. Share your tips and trick here too in this month's mentorship forum spotlight.

Apply for SOPT leadership positions!

There are multiple medical student positions open right now and we would love to have you join the leadership team! Applications will close once positions are filled.

SOPT Trainee Wellness Survey:

The Section of Pediatric Trainees aims to support and advocate for all pediatric trainees throughout their journey in becoming amazing pediatricians. We know the responsibility of wellness is often placed on the individual, so we'd like to hear more on system-wide wellness strategies. Thank you so much for your help and involvement - we look forward to learning how we can help support you all!

Workgroup Highlight

Save the Date - Next SOPT Movie Club: Disclosure - Thursday, January 28, 2021 at 7:00pm CT

What do you need to do?

- Watch the documentary beforehand either on Netflix or via direct documentary link (coming soon)
- Register here

Any questions? Please feel free to email our Executive Coordinator of Equity, Diversity and Inclusion – <u>Dr Tatiana Ndjatou</u>.

Chapter Involvement

*Join your state chapter here!

Your state AAP chapter can help connect you with Pediatricians in your area and provide you with amazing opportunities like Advocacy Day or annual conferences.

*Is your program doing something great that you think other programs might enjoy hearing about? Email <u>Kylie Seeley</u> to get featured in the next PIG Pen!