

The PIG Pen

February 2021



QUICKVIEW:

SOPT Advocacy Campaign

Get involved with this year's advocacy campaign: [Unite for Kids Mental Health](#)

Membership & Mentorship

Don't miss out on the [AAP Mentorship Program!](#)

News and Views Blog!

Interested in submitting an article? Check out the call for articles [here](#).

IMPORTANT DATES:

April 11 - 13, 2021 – AAP Advocacy Conference (virtual) - formerly named the Legislative Conference.

October 8-12, 2021 - National Conference & Exhibition (NCE) in Philadelphia, PA. More to come soon. Medical student members can register for FREE!



American Academy
of Pediatrics



DEDICATED TO THE HEALTH OF ALL CHILDREN®

Dear Pediatric Interest Group (PIG) Member,

Below is the **February 2021** edition of the American Academy of Pediatrics (AAP) Medical Student Committee (MSC) publication, **The PIG Pen**, which highlights exciting AAP opportunities and resources for PIG members and medical students.

Are you currently an **AAP Member**? If not, please join [here](#)! This will allow you to access many of the exciting resources and opportunities below.

*Check out the [PIG Resource Guide](#), which has many great resources and ideas for PIG leaders and members!

*Please complete the trainee wellness survey!

We'd love to hear more about the wellness initiatives/curricula at your institution/program via [this survey](#)!

More information on Page 3.

* AAP Mentorship Program – February Focus on Wellness:

During the month of February, we will be focusing on wellness. What does wellness look to you? What barriers to wellness have you faced and how have you overcome them? Join us on the [AAP Mentorship Program](#) to talk more about this incredibly important topic.

*We encourage you to join a workgroup!

You can learn more about the workgroups [here](#). Please reach out to your district representatives or [Julie Raymond](#) if you are interested.

Please let us know if you have any questions. We look forward to connecting with you!

For the kids,

Kylie Seeley, MS4

Executive Coordinator of Learning & Growth

Editor, *The PIG Pen*

Email: kylieaap@gmail.com

Hannah Glanz, OMS4

Executive Coordinator of Medical Student Initiatives

Email: hannah.r.glanz@dmu.edu

[SOPT News and Views Blog](#)

Write for this pediatric trainee publication! Accepting articles on a rolling basis. Check out the [call for articles here](#) for submission details.

Get published in the **Expert Feature**. The [SOPT News & Views Blog](#) will be publishing articles that will feature interviews, conducted by Pediatric Trainees (you!).

- ❖ **Step 1.** Reach out to a Pediatrics expert in your area.
- ❖ **Step 2.** Schedule and conduct an interview. We have sample questions for you too!
- ❖ **Step 3.** Submit & get published. Check out the [SOPT News & Views Blog](#) for submission guidelines!

Please email [Chloe Opper](#) for questions or submissions.

GET CONNECTED:



facebook.com/AAPSOPT



twitter.com/AAPSOPT

Join your [District Facebook Group!](#)

Links to each District Facebook Group located under District Workrooms

Check out the [District Workrooms](#) for district newsletters, call minutes, etc!

Advocacy

This year's advocacy campaign:
Unite for Kids Mental Health!



If you weren't able to make the Town Hall in January, check out the recorded webinar [here!](#)

Keep an eye out for announcements in the coming weeks regarding how you can get involved with the campaign!

- [Share your activity ideas](#) for this year's advocacy campaign
- Follow SOPT on Twitter [@AAPSOPT](#) and stay connected [#SOPTUnite4MH](#)
- Join our Unite for Kids Mental Health text message platform by texting [Unite4kidsMH](#) to 41411
- See what [your state](#) is doing to promote kids' mental health

Contact our advocacy campaign at uniteforkidsmentalhealth@gmail.com with any advocacy campaign questions!

Stay informed! Check out [AAP's Advocacy Center Resources](#).

- ❖ Follow on [Twitter](#) and [Facebook](#)

Workgroup Highlight

Keep an eye out for upcoming Learning & Growth workgroup events!

- We know that transitions can be scary times, so the Learning & Growth workgroup is working on an **intern boot camp** webinar! We will have a panel of pediatric residents from different backgrounds offering advice and answering questions about how to make the transition from student to intern resident a little bit easier!

What questions and concerns do you have about intern year? What are some topics you hope the panelists address? [Enter your questions here!](#)

- Leadership podcast club – we want to help build resiliency and leadership skills through open dialogue with other trainees! In April, we'll be starting a monthly podcast club.

We are also working on several other webinars on topics such as Pediatrics and Public Health!

CONTACT US:

Child Health Workgroup:

[Shawnese Gilpin, MD](#)

Member Value Workgroup:

[Amelia Mackarey, MD](#)

Internal Process Workgroup:

[Lauren Nelson, MD](#)

Learning & Growth Workgroup:

[Kylie Seeley](#)

Equity, Diversity, & Inclusion Workgroup:

[Tatiana Ndjatou, MD](#)

Communications Workgroup:

[Chloe Opper, MD](#)

PIG Pen:

[Kylie Seeley](#)

Medical Student Initiatives:

[Hannah Glanz](#)

You can find more information about each workgroup [here](#).

[Contact your district representative](#) if you'd like to join a workgroup!

PIG RESOURCES

[AAP Medical Student New Member Application](#)

[SOPT Collaborate Website](#)

[What's New for Medical Students](#)

[Leadership in Pediatrics](#)

[PIG Resource Guide](#)

Membership & Mentorship

AAP Mentorship Program – February Focus on Wellness:

During the month of February, we will be focusing on wellness. What does wellness look to you? What barriers to wellness have you faced and how have you overcome them? When we share our experiences, others can learn from them. Join us on the [AAP Mentorship Program](#) to talk more about this incredibly important topic.



[Apply for SOPT leadership positions!](#)

There are multiple medical student positions open right now and we would love to have you join the leadership team! Applications will close once positions are filled.

[SOPT Trainee Wellness Survey:](#)

We aim to support and advocate for all pediatric trainees throughout their journey in becoming amazing pediatricians. We know the responsibility of wellness is often placed on the individual, so we'd like to hear more on system-wide wellness strategies.

Residency Resources

Match Day is quickly approaching!

We can't wait for Match Day – March 19th! Keep an eye out for Match Day celebration tools, such as printable signs and social media templates to share where you matched and fun Match Day hashtags! Follow along on Twitter [@AAPSOPT](#)

Stay connected by using [#PedsMatch21](#)!

Chapter Involvement

*Join your state chapter [here](#)!

Your state AAP chapter can help connect you with Pediatricians in your area and provide you with amazing opportunities like Advocacy Day or annual conferences.

*Is your program doing something great that you think other programs might enjoy hearing about? Email [Kylie Seeley](#) to get featured in the next PIG Pen!