The PIG Pen

May 2021



QUICKVIEW:

SOPT Advocacy Campaign

Get involved with this year's advocacy campaign: <u>Unite for Kids Mental Health</u>

Membership & Mentorship

Don't miss out on the <u>AAP Mentorship</u> <u>Program!</u>

News and Views Blog!

Interested in submitting an article? Check out the call for articles <u>here</u>.

IMPORTANT DATES:

October 8-12, 2021 - National Conference & Exhibition (NCE) in Philadelphia, PA. More to come soon.





Dear Pediatric Interest Group (PIG) Member,

Below is the May 2021 edition of the American Academy of Pediatrics (AAP) Medical Student Committee (MSC) publication, *The PIG Pen*, which highlights exciting AAP opportunities and resources for PIG members and medical students.

Are you currently an **AAP Member**? If not, please join here! This will allow you to access many of the exciting resources and opportunities below.

*Check out the <u>PIG Resource Guide</u>, which has many great resources and ideas for PIG leaders and members!

*Subspecialty Series:

Each month, we learn about different subspecialties, from training paths to what a day in the life of a pediatric subspecialist looks like!

*SOPT Safe Spaces - June 1st

This is the inaugural session of our Safe Spaces monthly meetings, which will offer a comfortable space for those to share and learn together (with the option to remain anonymous). On 6/1, we will be discussing unforeseen challenges during medical training.

*We encourage you to join a workgroup!

You can learn more about the workgroups <u>here</u>. Please reach out to <u>Julie Raymond</u> if you are interested.

Please let us know if you have any questions. We look forward to connecting with you!

For the kids, **Kylie Seeley,** MD, MPH

Executive Coordinator of Learning & Growth
Editor, The PIG Pen

Email: kylieaap@gmail.com

Hannah Glanz, DO

Executive Coordinator of Medical Student Initiatives

Email: hannah.r.glanz@dmu.edu

SOPT News and Views Blog

Write for this pediatric trainee publication! Accepting articles on a rolling basis. Check out the <u>call for</u> articles here for submission details.

Get published in the Expert Feature.

The <u>SOPT News & Views Blog</u> will be publishing articles that will feature interviews, conducted by Pediatric Trainees (you!).

- Step 1. Reach out to a Pediatrics expert in your area.
- Step 2. Schedule and conduct an interview. We have sample questions for you too!
- Step 3. Submit & get published. Check out the SOPT News & Views Blog for submission guidelines!

Please email <u>Chloe Opper</u> for questions or submissions.

GET CONNECTED:



facebook.com/AAPSOPT



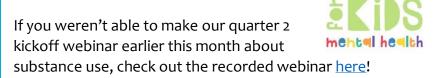
twitter.com/AAPSOPT

Join your <u>District Facebook Group!</u>
Links to each District Facebook Group
located under District Workrooms

Check out the <u>District Workrooms</u> for district newsletters, call minutes, etc!

Advocacy

This year's advocacy campaign: Unite for Kids Mental Health!



Contact our advocacy campaign at uniteforkidsmentalhealth@gmail.com with any advocacy campaign questions!

Stay informed! Check out AAP's Advocacy Center Resources.

Follow on <u>Twitter</u> and <u>Facebook</u>

SOPT Movie Club – Asian Americans Wednesday, May 26th from 7:00 - 8:30 PM CT

About Asian Americans Documentary Series:

Asian Americans is a film series that chronicles the contributions, and challenges of Asian Americans, the fastest-growing ethnic group in America. Personal histories and new academic research cast a fresh lens on U.S. history and Asian Americans' role in it.

You do not have to watch the whole documentary series to participate in the discussion.

The discussion will consist of a panel featuring AAPI pediatricians. We will be discussing topics such as the model minority stereotype, Asian hate, and microaggressions against the AAPI community. Register here.

Ongoing Education

AAP/SOPT Subspecialty Series

The Section on Pediatric Trainees (SOPT) is excited to continue with our Subspecialty 101 webinar series. Learn more about different pediatric subspecialties from training paths to a day in the life of a subspecialist!

Coming up next: Peds ID – June 22 @ 7pm CT – Register here

Check out previous subspecialty 101 webinars <u>here</u> (with your AAP login) on our archived webinars page.

CONTACT US:

Child Health Workgroup:

Shawnese Gilpin, MD

Member Value Workgroup:

Amelia Mackarey, MD

Internal Process Workgroup:

Lauren Nelson, MD

Learning & Growth Workgroup:

Kylie Seeley, MD, MPH

Equity, Diversity, & Inclusion Workgroup:

Tatiana Ndjatou, MD

Communications Workgroup:

Chloe Opper, MD

PIG Pen:

Kylie Seeley, MD, MPH

Medical Student Initiatives:

Hannah Glanz, DO

You can find more information about each workgroup here.

<u>Contact your district representative</u> if you'd like to join a workgroup!

PIG RESOURCES

AAP Medical Student New Member
Application

SOPT Collaborate Website

What's New for Medical Students

Leadership in Pediatrics

PIG Resource Guide

Membership & Mentorship

AAP Mentorship forums:

Triumph Over Transitions - Utilize the Mentorship forums to share or seek advice about stressful transitions!



Graduating students: If you weren't able to make our "Student to Resident: Transitioning to Intern Year" webinar on 5/13, you can watch the recording here! We discussed a wide variety of topics ranging from tips to stay organized to expectations to helpful resources! Check out the Top 10 list page soon for a one-page summary!

SOPT Safe Spaces: Unforeseen Challenges

Tuesday, June 1, 2021 @ 8:00pm CT

Wellness means something different to everyone. Oftentimes, the responsibility of wellness falls upon the individual, although they may look to others for guidance. Our hope is that with the creation of SOPT Safe Spaces, we will bridge several aspects of pediatric training, including transition resources, validation of challenges in medicine, peer support, and wellness education (ie work-life integration). These monthly virtual sessions will offer a comfortable space for those to share and learn together (with the option to remain anonymous). Please join us for our inaugural session on Tuesday, June 1st at 8:00 pm CT. We will be discussing unforeseen challenges during medical training. Register here.

Special Feature

Medicine in Motion (MiM) is an

international nonprofit organization composed of a diverse group of medical students and providers whose mission is to address medical burnout through fitness, interdisciplinary community building, and philanthropy. There are currently more than 40 chapters across the US and around the world that are currently organizing events that promote physical activity and raise money for organizations addressing various health and social justice platforms. If you are interested in starting a chapter at your school, contact Michael Duggan at michael.duggan@medmotion.org and checkout their website and Instagram for more information!